

# Chapter Nineteen

## Unfolding the Future

It's been a long and remarkable journey since Belinda's physician first found abnormal cells in her pelvis. During our adventure, we have grown from a myopic view of treating one condition, Belinda's pelvic pain and dysfunction, to developing a system that has been shown to help many conditions that were previously unexplained, or considered untreatable, or were only thought to be treatable with drugs or surgeries.

Along the way, we have been very thankful to patients, physicians, scientists, and healthcare professionals who encouraged and inspired our further inquiry into treating these conditions non-surgically. The doors they have opened for us to investigate further are at once exciting and overwhelming. It has been like starting a new field of healthcare for many of these conditions.

While our clinics are presently small and our patient care is highly individualized, we know that we will grow. However, we plan to grow with respect for our primary goal, success for each patient. When we close the door after entering a patient's room, nothing else exists for us except success for that patient. Patient care and individual success are our primary focus. Without that, nothing else works.

As we look to our growth, we realize that we are at the forefront of several important milestones in conditions that we previously thought were impossible to treat with manual physical therapy. We hope we will be joined, not just by physical therapists, but by physicians and other healthcare providers with a desire to provide effective care for some of their most challenging cases, apparently with little or no risk. In short, we would like to create a national network

of physicians and physical therapists who can provide this work. We have already begun that effort.

As we continue, we would also like to follow neurosurgeons suggestions to treat the *substantia nigra* and other areas of the brain and body related to that structure in order to determine if we can assist people in the early stages of Parkinson's Disease by delaying its onset, or decreasing its adverse effects.

We also wonder if the colloidal plaques and tangles that form in the brains of Alzheimer patients have any relationship to the collagenous cross links that we treat every day. How wonderful to think that we might delay onset of that debilitating condition.

We feel that a study of treating partial bowel obstructions may save quality of life, and indeed save the lives of the thousands of women and men who suffer from recurrent abdominal adhesions, or who feel trapped in a cycle of surgery – adhesions – surgery. Indeed, we have already witnessed how gratifying it is to save lives, or to extend the quality of lives in these patients, and to delay or prevent additional surgeries. We have already had this happen in several (often dramatic) cases, and we look forward to expanding that effort.

We would also like to conduct a similar study for women who undergo recurrent surgeries for endometriosis and adhesions, another area in which we see excellent results, and even greater potential.

Oncologists tell us that chemotherapy is often less effective because medications cannot reach their intended sites, due to adhesions. While we have felt that cancer is a contraindication to therapy, we wonder if a therapy that frees adhesions non-surgically might assist in some of these cases.

Belinda and I are but two people. We have certified a few extraordinary therapists from a pool of over 2,000 physical therapists and health care professionals who have asked to be trained. We want to keep our quality and results high, so we tend to be very scrutinous

in deciding who has the skills to learn our work and carry the title of “Clear Passage certified.” Simply put, we are committed to a very high level of positive results.

In all of our endeavors, patient care comes first and foremost— it always has and it always will. Even though our patients may find that “life is what happens while you are making other plans,” we find we can often open the door for patients to create a much greater quality for the rest of their lives, by decreasing their adhesions.

In all of this, we encourage each of our patients to do as we do: “create the vision of where you are taking your life – and then simply step into it, step by step by step.”