

Clear Passage - Founders & History

Summa cum laude physical therapist Belinda Wurn was devastated when she was diagnosed with cervical cancer – but hopeful because a medical treatment existed. After pelvic surgery and massive doses of radiation therapy, physicians pronounced her “cured.” But just a year after the surgery to save her life, Belinda found herself in constant, debilitating pain; she was unable to work, move or even breathe without pain.

Her doctors advised her that they had cured her cancer, but there was nothing to be done about the adhesions causing her pain; they form naturally after surgery, and don't go away. She would have to live with the pain. Belinda found a future of intractable pain to be unacceptable. She knew there had to be something that would relieve the chronic pain caused by adhesions.

With her husband, massage therapist Larry Wurn, she embarked on a 20+ year journey to develop and test a non-surgical, “hands-on” physical therapy to reverse the devastating effects of adhesions. Little did they realize that the Wurn Technique® and later Clear Passage Approach® that they developed to return Belinda to a pain-free life would later:

- Return fertility to infertile women
- Replace major abdominal and pelvic surgeries
- Decrease the pelvic and intercourse pain that affect half of all U.S. women
- Save the lives of people with bowel obstruction – a common life-threatening condition

Results of the therapy have been published in peer-reviewed medical journals, and Clear Passage locations have opened in North American and the United Kingdom.

Born from Belinda's pain and dysfunction, the lifetime journey led to an extensive study of adhesions – internal glue-like strands that form wherever the body heals from surgery, injury or infection. What began as a tiny practice in Gainesville, Fla. has grown into an international network of clinics.

The therapy developed by the Wurns has helped hundreds of women diagnosed infertile to become mothers, and has improved or saved the lives of thousands of men and women from all over the world.



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